



RACING AT LAST (WELL ALMOST)!



JOTTINGS FROM THE CHAIR

THE JOY OF SIX

Well that's grabbed your attention then!

With the new government and MSUK guidelines coming into force, it will change the way we continue to enjoy our hobby. We must continue to remain vigilant and socially distanced at all times when at a venue. It is for your protection, the protection of other marshals, officials and competitors and yes even the sport itself in the UK. We must keep our guard up, no gatherings bigger than six, and keep two metres apart.

To keep up with information, the best place to source it is via the MSUK website under FAQ's. These will be updated regularly. There will also be regular bulletins from our National Chair as well, so look out for them. There will be other announcements soon as well as other than Covid 19 updates!

So please do not forget: Hands, Face & Space.

To other news now.

I was very sad to hear that Pete Rowcroft passed away this month. There have been some heart-warming tributes on social media. Pete was a great marshal, a pleasure to work with and a tireless fundraiser. He kept us all busy at events such as Carfest going round with buckets, dressing up and even appearing on stage during live concerts being an advocate of marshals as well as raising huge amounts of money for great causes he believed in. He was the epitome of a great North West marshal. Experienced, a sense of self-deprecating humour, honest and a trusted colleague. His presence will be missed by us all on the bank. We

have sent our condolences to wife Kath and their son Jack. RIP Pete

There has been some great racing at Oulton Park so far, as well as the pilot event at Anglesey. Full grids, a wide variety of cars to enjoy and some good weather as well. Positive comments have been received in terms of high marshalling standards, keeping to timetables and working with organising clubs and competitors alike. However, it was strange marshalling the TOCA meeting with no crowds going ooh and aarr!

The committee has introduced a recruitment team of three members, Duncan Fitz-Gibbons, Andrew Pratt-Fryer and Mike Thomason. There has been a great deal of interest in marshalling from the wider community and we are currently in touch with 30+ candidates who have expressed an interest in doing a taster day. Whilst this cannot happen physically, we are looking at a virtual process to give them a flavour of our hobby. The recruitment team have also been tasked with looking at internal & external recruitment, All of this though will depend on Covid 19 rules. Even if we cannot do face to face recruitment, they will be looking at how to promote in a virtual environment. So, lots to do for the recruitment team

Awards for 2021.

The committee is currently discussing how and in what form the awards will be presented in 2021, bearing in mind the truncated season. However, it is your opportunity to suggest who should be considered for an award. Details are below for your information. If you think

that someone deserves recognition, now is the time. Don't be shy. All nominees will be considered.

<https://www.marshals.co.uk/northwest/2019/04/15/marshal-awards-nomination/>

2020 Regional AGM.

This year will be in the form of a virtual AGM using Zoom, as will be the national AGM. Details are elsewhere in Outpost.

However, I would remind you all that this is the opportunity to put forward members' resolutions. If you want to raise something that you think warrants a wider discussion, please write to the regional secretary with your suggestions. Paul is waiting to hear from you.

In closing, thank you once again for your support, diligence and respect for the rules we are having to live with. They are there to protect us all and our ability to adapt and embrace them willingly will mean that we are doing all we can to look after ourselves and motor sport.

Mike Broadbent
NW Chairman



NOTICE OF THE BMMC NW REGION **ANNUAL GENERAL MEETING 2020**

Notice is hereby given of the Annual General Meeting of the North West Region of the British Motorsports Marshals' Club Ltd to be held via Zoom owing to the COVID19 restrictions of group meetings on Monday 16th November 2020 at 19:30.

Anyone wishing to take part is requested to send their e-mail address to Paul Newns, the North West Regional Secretary, at nw.secretary@marshals.co.uk no later than seven days before the meeting.

Agenda

1. Apologies for Absence
2. Minutes of the 2019 AGM (a copy will be sent to attendees before the meeting).
3. Chairman's report
4. Secretary's report
5. Treasurers report
6. Election of Committee Members
7. Members' propositions

In accordance with Club Rules K.3.3 and K.3.4 the following Committee members stand down by rotation and offer themselves for re-election:

Ian Briggs

Rob Mugurian

Bill Gray

The following Committee members' positions require ratification by regional Club members:

Mike Thomason

Sam Collinson

Duncan Fitz-Gibbons

Andrew Pratt-Fryer

The Regional Committee is required to consider any resolutions proposed and seconded by fully paid up members and lodged in writing with the Regional Secretary, Paul Newns, not later than **14** days prior to the date of the Regional AGM. His contact details can be found on the last page of the monthly newsletter.

Signed: Paul Newns

North West Region Secretary

Issued 20th September, 2020

BMMC NW REGION COMMITTEE

Your North West Regional Committee met via Zoom at 19:30 on 8th September, 2020.

In attendance were:

*Mike Broadbent; Paul News; Jan Williams;
Rob Murgurian; John Edwards; Ian Briggs;
Andrew Pratt-Fryer; Duncan Fitzgibbons;
Gordon Knight and Mike Thomason*

Apologies were received from:

Bill Gray; Eric Ridler; Sam Collinson; Mark Noble and Dave Smithson

The Committee welcomed two new members; Duncan Fitz-Gibbons and Andrew Pratt-Fryer. Together with Mike Thomason, they will make up the Recruitment team.

Reports were received from: Mike Broadbent (Chair); Rob Murgurian; Ian Briggs; and Dave Smithson

These were accepted by Committee.

Additional topics discussed were:

- 1) The latest National Council meeting.
- 2) How Post Chiefs can upgrade to Examining PCs.
- 3) Recruitment, and issues affecting new marshals and prospective marshals in the current climate.
- 4) Retention of experienced marshals
- 5) Training
- 6) Matters relating to rallying
- 7) Issues surrounding electronic sign on procedures
- 8) Experiences of meetings so far this year, including 750MC's Anglesey meeting
- 9) The Club's annual awards
- 10) The AGM

The meeting ended at 21:15.

The next meeting will be **22nd October**, again by Zoom.

If there are any issues you wish to have raised please contact a Committee member. Unless we are aware of a problem we can't do anything about it. Social media is not an appropriate forum to raise issues and will not see them resolved.

The details of all Committee members can be found on the last page of the Outpost and on the club website <https://www.marshals.co.uk>

Paul News

NW Region Secretary



The Fred Byatt Trophy

For outstanding action during an event.

At the historic race meeting mid way through the 2019 season, a qualifying session was stopped to recover a car.

One competitor came trundling over Hill Top and promptly turned right into the Fosters loop, wrong direction. Despite the marshals efforts at Cascades the competitor carried on going uphill towards Avenue.

Ashlee Aspin promptly vacated the observers box at Avenue, grabbed a flag and went to the edge of the track to flag the driver down. His prompt action stopped the driver from carrying on wrong direction in the face of other competitors and recovery vehicles.

The driver was confused, the marshals at Cascades and Avenue were bewildered. However Ashlee's prompt action and calm manner prevented a more serious incident and for that, the Committee thought him a worthy winner.

Mike Broadbent - NW Chairman

Guidance for wearing face masks and coverings

High density – compulsory

Lower density – compulsory unless socially distanced (+2m)

This guidance is for any person involved in any event in the defined areas and is to be read in conjunction with existing guidance.

Age: This guidance applies to anyone aged 6 years or over.

* **Enclosed areas** (including vehicles) unless occupants are from the same household. The organiser must be satisfied that they reside together.

** **Trackside** includes any person within the restricted area that includes the track.

Fixed venue (Kart)	Fixed venue (Race/Speed)	Non-fixed venue (Rally/Club Sport)
Paddock	Assembly areas	Event control
Assembly areas	Grid	Enclosed areas*
Grid	Pits & pit wall	Incident intervention
Parc fermé	Pit garages / awnings	Assembly/service areas
Awnings	Enclosed areas*	Time controls
Enclosed areas*	Incident intervention	Section and test starts
Incident intervention	Paddock / parc fermé	Marshal posts
Marshal posts	Marshal posts	
Trackside**	Trackside**	

BMMC COUNSELLING SERVICE

If the COVID_19 restrictions have left you feeling stressed and need of some advice, please remember that we have a free counselling available to all members. This service is completely confidential ring the number below and quote the policy number.



FIRST FOR JUSTICE



COUNSELLING SERVICE

Modern living creates a multitude of strains and stresses on individuals and families alike. Though most of us can carry one or two problems at a time, sometimes things just pile up.

**Quote Policy No.
100580442CCI**

24 HOUR HELPLINE SERVICE

0117 934 0105

- **CONFIDENTIAL**
- **NON-JUDGEMENTAL**
- **SUPPORTIVE**

Counselling is a process of learning to understand yourself and others by exploring your thoughts and feelings in a supportive and non-judgemental space, enabling you to make a constructive change in your life, whether in crisis or an ongoing situation.

As part of your policy with us, DAS provides a confidential counselling service 24 hours a day, 365 days a year to you and members of your immediate family – providing they live with you and are over the age of 18 (or aged between 16 and 18 and in full-time employment). DAS counsellors are members of The British Association for Counselling and Psychotherapy and are covered by their code of Ethics and Practice.

Callers' concerns could include:

PERSONAL ISSUES

- ELDERCARE
- FAMILY BREAKDOWN
- STRESS, ANXIETY, DEPRESSION
- BEREAVEMENT
- RELATIONSHIPS (DIVORCE/SEPARATION)
- DOMESTIC ABUSE
- SUBSTANCE ABUSE

WORK ISSUES

- PRESSURE
- BULLYING AND HARASSMENT
- WORK CONFLICT
- DEATH IN SERVICE
- WORK OVERLOAD
- WORK LIFE BALANCE
- REDUNDANCY
- CHANGES AT WORK

Counsellors may be able to help you work through your problems and find ways of dealing with them. Remember, you choose when you call and what you talk about. Calls may be recorded to help check and improve our service standards.

You need not be alone.

HELPLINE SCENARIOS

The following scenarios are fictitious, although typical, examples of Counselling Helpline calls.

Parent – Teenage anguish

A mother calls the DAS Counselling Service, distraught at the behaviour of her teenage daughter. The caller showed signs of feeling angry, upset and very frustrated by her daughter. Although the mother phoned about her daughter, in the counselling we concentrate on the caller and how she feels.

Together we look at ways that she could rebuild the channels of communication between herself and her daughter. We help her to look at the situation through the eyes of her daughter.

Over a series of calls, and a lot of work in between calls by mum, they are able to rebuild their relationship.



STAY SAFE!



A new addition to our range of Regalia and clothing items is a badged **PPE FACE MASK**.

Water-repellent fabric, with antibacterial fibre.

- Reusable after washing (15 times). After washing, iron to reactivate the anti-drip.
- OEKO-TEX® anti-allergic certification.
- Composition 50% Cotton, 50% polyester.
- Air permeability: 200 Pa l/dm²min
- 110 ± 5% Air mass: 250 g / m² made of double layers.

Cost £6.15



Alternatively we also have the multi purpose BMMC Snood/Scarf announced last month, now in two colours. Made from a polyester microfibre and washable. **Cost £3.50**

All the above are only available from the National Regalia Officer, Eric Ridler, at the moment.

Contact Eric at nat.regalia@marshals.co.uk to order these and any other items.

Please state the colour of the items and your BMMC membership number.

REGALIA PRICE LIST

Description	Price
BMMC CLOTH BADGES, LAPEL BADGES & STICKERS	£2.00
UNION FLAG CLOTH BADGE c/w WEBSITE	£2.00
BMMC GRADING BADGES	£1.00
'HEROES' CLOTH BADGES, LAPEL BADGES & STICKERS	£2.00
LEATHER WELDERS GLOVES	£4.50
HI-VIS ORANGE WATERPROOF GLOVES	£4.50
WOOLLEN SKI HATS - BLACK or ORANGE	£4.50
BASEBALL CAPS - BLACK or ORANGE	£7.00
OUTBACK SUN HATS SP50	£14.50
BMMC UMBRELLAS	£10.00
BMMC SNOOD (Orange or Black)	£3.50
BMMC FACE MASKS (Orange or Black)	£6.30

Catalogue and Order forms can be downloaded from the club website or from Eric Ridler, BMMC NRO

For details of BMMC sponsored overalls, go to the Regalia section of the BMMC website.

For all other enquiries contact the Regional Regalia Officer,
or:
The National Regalia Officer - Eric Ridler
Email: Nat.Regalia@marshals.co.uk

NEXT NEWSLETTER

Next Copy Date - 22nd October 2020

Publishing Date - 29th October 2020

2020 FORTHCOMING EVENTS?

Due to the ever changing list of events on the calendar for 2020 it has not been possible to compile an accurate list.

Please consult the volunteering database for a list of available events.

WELCOME - NEW MEMBERS

The NW Committee would like to extend a warm welcome to the new members below. We sincerely wish you a happy and safe marshalling future.

Mark Bennett

Egremont

Committee Members Information

Chairman

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Committee Member

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Recruitment Team

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National Officers Information

National Chairman

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